

Menu

Winter 2020



Week 1

| Day | Snack | Lunch | Tea |
|-------|---------------------|---|--|
| Mon | Fresh Fruit Platter | <p>Chicken Tikka Masala Or Quorn Tikka Masala VEG</p> <p>Served with Turmeric and caramelised Onion Rice with Broccoli and Peas and Baby Spinach</p> <p>Lemon and coconut shortbread FSA Allergy List 1,2,4</p> | <p>Homemade Minestrone soup Served with homemade crusty bread and crunchy croutons</p> <p>FSA Allergy List 1,2</p> |
| Tues | Fresh Fruit Platter | <p>Tangy Moroccan fish stew served with a fruity couscous and freshly steamed carrots, broccoli and green beans</p> <p>Homemade swiss roll FSA Allergy List 1,2,4,5,7</p> | <p>Beef bolognese served with spaghetti or Quorn bolognese Served with chunky fresh bread</p> <p>FSA Allergy List 1,2,4,</p> |
| Wed | Fresh Fruit Platter | <p>Roast Gammon Or Glazed Roast Tofu or Quorn VEG</p> <p>Served with Homemade Gravy, Roast Potatoes, Broccoli, Carrots and Fine Green Beans</p> <p>Rhubarb and ginger sponge FSA Allergy List 1,2,4,</p> | <p>Homemade baby plum Tomato and cheese pizza Served with A fresh crunchy crudité FSA Allergy List 1,2,7</p> |
| Thurs | Fresh Fruit Platter | <p>Italian lamb Ragù Or Roasted sweet potato and spinach Ragù VEG</p> <p>Served with penne pasta seasonal vegetables and Roasted garlic chunky bread</p> <p>Cake and custard pot FSA Allergy List 1,2,4,7</p> | <p>Jacket Potatoes Served With Tuna and Sweetcorn Mayonnaise with Cucumber Sticks and Grated Cheese VEG FSA Allergy List 4,5,7</p> |
| Fri | Fresh Fruit Platter | <p>Traditional cottage Pie Or Lentil and Courgette Pie VEG</p> <p>And Served homemade made gravy with Potatoes, Peas, Sweet Corn and Carrots</p> <p>Orange and blueberry muffin FSA Allergy List 1,2,4</p> | <p>Cold tea Homemade chicken and sweetcorn slice Served with with apple and chive coleslaw FSA Allergy List 1,2,4,7</p> |
| | Milk/Water | Water | Water/Fruit Juice |

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Week 2

| Day | Snack | Lunch | Tea |
|-------|---------------------|---|--|
| Mon | Fresh Fruit Platter | <p>Creamy Fish Pie Or Creamy Quorn And Leek Pie VEG</p> <p>Served with New potato And Served with, Peas, Sweet Corn Chocolate and orange sponge FSA Allergy List 1,2,4,5,7</p> | <p>Homemade Lentil vegetable burritos topped with melting cheese served with crunchy mixed salad</p> <p>FSA Allergy List 1,2,7</p> |
| Tues | Fresh Fruit Platter | <p>Slow cooked lamb curry Or Paneer cheese and chickpea curry VEG</p> <p>Served with steamed rice And Broccoli, cauliflower and sweetcorn Ginger nut biscuits FSA Allergy List 1,4,7</p> | <p>Tomato and mascarpone pasta bake with hidden vegetables Served with chunky bread</p> <p>FSA Allergy List 1,4,7</p> |
| Wed | Fresh Fruit Platter | <p>Turkey cassoulet Or Roasted vegetable and mixed bean cassoulet VEG</p> <p>Served with pasta twists Seasonal Vegetables</p> <p>Sticky toffee cupcake FSA Allergy List 1,2,4,7</p> | <p>Ham, cheese and roasted peppers Or Cheese and roasted pepper stuffed jacket stuffed jackets served with cucumber sticks and sour cream FSA Allergy List 7</p> |
| Thurs | Fresh Fruit Platter | <p>Homemade Lincolnshire pork sausage Or Potato, cheddar and spring onion sausage VEG</p> <p>Served with homemade onion gravy, sauté potatoes and seasonal vegetables Apple and blackberry jelly FSA Allergy List 1,2,7</p> | <p>Carrot and coriander soup served with crispy croutons and fresh chunky bread FSA Allergy List 1,2</p> |
| Fri | Fresh Fruit Platter | <p>Southern fried chicken goujon Or Southern fried haloumi stick VEG</p> <p>Served with homemade BBQ sauce ,savoury rice Broccoli, Carrots and Fine Green Beans Custard cream biscuits FSA Allergy List 1,2,7</p> | <p>Cold tea Minted Lamb and potato pasties or cheese and potato pasties Served with cucumber and sweet corn salad FSA Allergy List 1.2.7</p> |
| | Milk/Water | Water | Water/Fruit Juice |

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Week 3

| Day | Snack | Lunch | Tea |
|-------|---------------------|---|--|
| Mon | Fresh Fruit Platter | <p>Pork and apple patties Or Leek, lentil and parmesan patties VEG Served with homemade gravy, Oven Baked roast potatoes served with fresh vegetables Ginger cake FSA Allergy List 1.2.4.7</p> | <p>Macaroni cheese topped with cherry tomatoes bake VEG Served with A crunchy mixed leaf salad Fresh Fruit and Yogurt FSA Allergy List , 2, 7</p> |
| Tues | Fresh Fruit Platter | <p>Mango and coconut chicken curry Or Paneer and coconut curry VEG Served with steamed rice And Homemade garlic and coriander Nann bread Red velvet sponge with a cream cheese frosting FSA Allergy List 1.2.4.7</p> | <p>Jacket potatoes Served with homemade baked beans And cheddar cheese Served with crinkle cut cucumber slices Fresh Fruit and Yogurt FSA Allergy List 1, 7</p> |
| Wed | Fresh Fruit Platter | <p>Lamb sloppy joes Or Roasted pepper and chickpea sloppy joes VEG Served with oven baked new potatoes And fresh seasonal vegetables Garibaldi biscuits FSA Allergy List 1.2.14</p> | <p>Homemade chicken noodle soup or tofu noodle soup VEG served with crispy croutons and freshly baked bread Fresh Fruit and Yogurt FSA Allergy List 1.2</p> |
| Thurs | Fresh Fruit Platter | <p>Beef and pepper in plum sauce Quorn and pepper in plum sauce VEG Served with noodles and Broccoli, Cauliflower And Crinkle Cut Carrots and Courgettes Homemade mango yogurt pot FSA Allergy List 1,2,4,7</p> | <p>Roasted tomato and lentil sauce Served with wholemeal spagatti And garlic bread FSA Allergy List 1,2</p> |
| Fri | Fresh Fruit Platter | <p>Homemade chunky breaded fish fillet Served with homemade tomato ketchup And oven baked crinkle cut wedges Served with garden peas and sweetcorn Pea and chocolate cupcake FSA Allergy List 1,2,4,5</p> | <p>Cold tea Homemade sausage rolls with caramelized onions or cheese and haricot bean slice Served with baby spinach and cucumber salad FSA Allergy list 2,7</p> |
| | Milk/Water | Water | Water/Fruit Juice |

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SLICE OF PIE

Week 4

| Day | Snack | Lunch | Tea |
|-------|---------------------|--|--|
| Mon | Fresh Fruit Platter | <p>Beef chunky Chilli Con Carnie Or Quorn Chilli Con Carnie VEG Served with Rice, Green Beans, Broccoli and Homemade Corn tortilla crisps</p> <p>Strawberry jelly FSA Allergy List 1,2,4</p> | <p>Garlic mushroom and parmesan sauce VEG Served with linguine pasta And ciabatta slice FSA Allergy List 1,2,4,7</p> |
| Tues | Fresh Fruit Platter | <p>Homemade sage and onion pork meatloaf Or Sweet potato, sage and onion ball VEG Served with homemade gravy, roast potatoes, Peas, carrots and broccoli</p> <p>Banana cupcakes FSA Allergy List 1,2,4</p> | <p>Homemade Roasted Tomato Soup VEG Served with Homemade and Cheese Straws and Homemade Crusty Bread FSS Allergy List 1,2,7</p> |
| Wed | Fresh Fruit Platter | <p>Chicken casserole with dumplings Or Quorn casserole VEG Served with steamed new potatoes and freshly steamed vegetables</p> <p>Raspberry and Lemon sponge FSA Allergy List 1,2,4</p> | <p>Tuna pasta bake topped with cheddar cheese Served with baby leaf and cucumber salad FSA Allergy List 1,2,5,7</p> |
| Thurs | Fresh Fruit Platter | <p>Creamy salmon and parsley sauce Served with Fusilli pasta and freshly cooked steamed vegetables</p> <p>Mango and Coconut pots FSA Allergy List 1,2,5,7,</p> | <p>Garlic and herb breaded chicken fillet Or Garlic and herb breaded halloumi fillet Served with wraps, shredded lettuce and mayo FSA Allergy List 2,4,7</p> |
| Fri | Fresh Fruit Platter | <p>Homemade turkey balls served in a coconut Thai curry Or Lentil and sweet potato ball served in a Thai coconut curry VEG Served with rice and Seasonal steamed Vegetables</p> <p>Chocolate crackle biscuits FSA Allergy List 2,4,7</p> | <p>Cold tea Homemade sandwiches Chicken and sweetcorn rolls Cheese and ham wraps Tuna and cucumber sandwiches Melon slices and cucumber FSA Allergy List 2,4,7</p> |
| | Milk/Water | Water | Water/Fruit Juice |